



# ARMY INSTITUTE OF EDUCATION



Affiliated to Guru Gobind Singh Indraprastha University, New Delhi

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'Institute under the aegis of Army Welfare Education Society (AWES)'

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## **ORIENTATION & MOBILITY TRAINING FOR B.Ed.Spl.Edn (LD)** **Batch 2023-25, II Sem & 2024-26, I Sem : 31 August 2024**

Orientation and Mobility (O&M) Cane training is essential for individuals with visual impairments, helping them navigate their environment safely and independently. Student Teachers of B.Ed.Spl.Ed Ed (Batches 23-25 & 24-26) had the exposure of session conducted on 31<sup>st</sup> August, 2024 in AIE Campus. For B.Ed. Spl Ed student teachers, O&M training is crucial not only to understand the challenges faced by students with visual impairments but also to equip them with skills for support.

### **Objectives of the Training**

- To sensitize student teachers about the needs and challenges faced by individuals with visual impairments
- To develop practical skills in guiding and supporting students with visual impairments
- To foster empathy and understanding among student teachers towards visually impaired students
- To raise awareness about the importance of mobility skills in the overall development and independence of visually impaired students.

The Orientation started with little theoretical aspects by Introduction to visual impairments, understanding the importance of O&M training, and basic concepts of orientation and mobility. Practical demonstrations of the cane usage, tactile paving were briefed to the students with emphasis on various techniques like sighted guide technique, contact & touch techniques and environmental awareness.

Students were blindfolded to simulate the experience of visual impairment. They navigated through different scenarios to understand the challenges. Role-playing exercises allowed student teachers to experience guiding and being guided, which helped them build confidence and empathy.

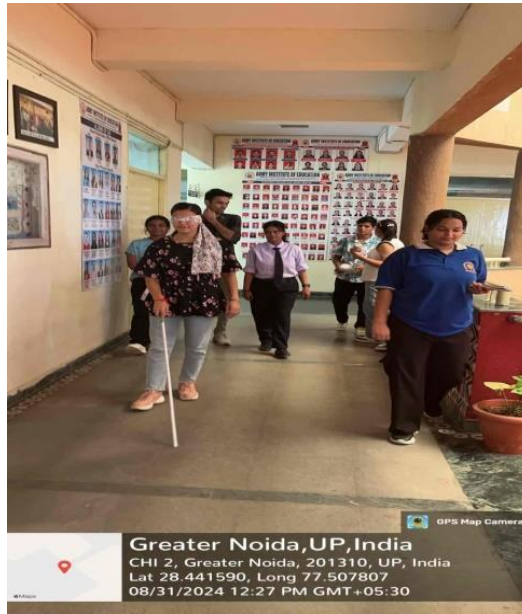
### **Learning Outcomes of the Training**

- Student teachers have experienced about awareness of the mobility challenges faced by individuals with visual impairments
- They had developed practical skills in guiding techniques, understanding spatial orientation and using mobility aids
- The simulation exercises significantly impacted student teachers, fostering a deeper sense of empathy and understanding
- The training equipped student teachers with the necessary skills to support visually impaired students in their future teaching roles.

The Orientation and Mobility training provided an invaluable learning experience for B.Ed. Special Education student teachers, enhancing their ability to support students with visual impairments effectively. By fostering empathy, awareness, and practical skills, the training plays a critical role in shaping inclusive and responsive educators prepared to meet the diverse needs of their students.



## Glimpses of O&M Training



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